

GFMS MISSION STATEMENT

“GFMS is committed to providing a safe and nurturing environment with an academically challenging curriculum enabling students to become productive citizens and successful lifelong learners.”

**Additional references and
information is available at
the following website:**

www.pbis.org

www.education.com

www.stopbullyingnow.hrsa.gov

www.marccenter.org

**George Fischer
Middle School**

**Helpful Information and
Tips for Parents to Help
Kids Understand Bullying**

**R.O.C.K. the
Respect
Campaign**

**EMPOWERING
PARENTS**

What is it?

“Bullying can take many forms.”

- PHYSICAL: Hitting or punching
- VERBAL: Teasing or name-calling
- EMOTIONAL: Intimidation using gesture, sounds, staring, or by ignoring/isolating
- CYBER: Sending insulting messages, pictures, etc. via the internet or phone

DO's and DON'Ts

- ⇒ Do listen carefully to what your child tells you
 - ⇒ Do not tell them to ignore the bullying
 - ⇒ Do not blame them for being bullied
 - ⇒ Do ask your child what steps they've already taken and praise them for the good steps they've already taken
 - ⇒ Do contact the school.
- **Remember:** By federal law, administrators cannot tell you about disciplinary actions taken against another child, but it's important to keep the school informed.
- ⇒ Do not encourage physical retaliation
 - ⇒ Do not contact the parents of the student who bullied your child
 - ⇒ Do help your child make connections through other activities, hobbies and clubs.

Can a friendship become abusive at this age?

YES!

- Boys and girls sometimes get into friendships with someone who might be mean to them.
- The best way to protect young people is to encourage them to move on to other friendships knowing a REAL friend does not hurt them.

How can I encourage my child to speak up about bullying?

- Encourage your child to speak with adults when they see bullying happen or if they are being bullied.
- Praise your child for doing what is right.
- Assure your child that reporting bullying is NOT the same as tattling or snitching.

