

NYC Department of Education
Community School District 26 & Community District Education Council 26

Manage Your Mornings

Optimize A.M. Efficiency to Maximize Harmony in your Home

NO MORE RUSHING!



NO MORE YELLING!

Wednesday, October 3rd

6:30 PM to 8:00 PM

At PS 186 (252-12 72nd Avenue, Bellerose)

*Life Coach **Cindy Lish***

teaches practical strategies and techniques to help streamline your morning routine, avoid predictable conflicts, and prepare your whole family for a successful day.

Life Coach and Career Consultant Cindy Lish is the founder of Thoreau Coaching by Cindy LLC, Entrepreneurship Coach at Queens Library, 5 year Consultant for Dress for Success Worldwide, and former D26 PTA President.

REGISTRATION IS NECESSARY TO ENSURE ADEQUATE SPACE FOR ALL.

To register and for more information please contact Kim D'Angelo, District 26 Family Coordinator.
Call 718-631-6905 or email kdangelo4@schools.nyc.gov