



BOCES Southern Westchester

THE BOARD OF COOPERATIVE EDUCATIONAL SERVICES

CENTER FOR SPECIAL SERVICES
1606 Old Orchard Street, White Plains, New York 10604
(914) 948-7271 x.343 • fax (914) 761-7406

Illness Notification and Information

Dear Parent/Guardian,

Date: _____

Student (name) _____ was observed and assessed today with the following sign and symptoms _____ at school.

A fact sheet is attached which explains how the illness is spread, what symptoms it causes (COVID-19).

Please monitor your child for the symptoms listed on the attached fact sheet and you are recommended to call your child's doctor or other healthcare provider for guidance. Additional information may be obtained from the NYS Department of Health. <https://coronavirus.health.ny.gov/home> or 1-888-354-3065.

Student's parents or guardians must notify SWBOCES when they begin to experience symptoms or have been exposed to COVID-19, including during or outside of school hours. They are directed to report this information by using the following designated email healthupdates@swboces.org.

WHEN TO KEEP A CHILD HOME WITH ILLNESS

It can be hard to know when to send children to school if they tell you that they do not feel well. Usually, the best place for them is in school, but there are some times when keeping them home to rest or call for an appointment with your health care provider is recommended.

Please keep your child home and/or contact your child's doctor for:

- Fever greater than 100.0°F (taken by mouth)
- Vomiting and/or diarrhea within the last 24 hours
- Severe sore throat along with fever and feeling ill for more than 48 hours, or after exposure to Strep throat infection
- Honey-crusted sores around the nose or mouth or rash on other body parts
- Large amounts of mucous (liquid) from their nose, with face pain or headache
- Severe ear pain or fluid coming from the ear
- Severe headache, especially with fever

Please call the school's Health Office if you have any questions or concerns.



For Informational Purposes:

Symptoms and Severity of COVID-19 in Children:

The incubation period of COVID-19 appears to be about the same for children as in adults, at 2-14 days with an average of 6 days.

Signs or symptoms of COVID-19 in children include:

- Fever
- Fatigue
- Headache
- Myalgia (muscle pain)
- Cough
- Nasal congestion or rhinorrhea
- New loss of taste or smell
- Sore throat
- Shortness of breath or difficulty breathing
- Abdominal pain
- Diarrhea
- Nausea or vomiting
- Poor appetite or poor feeding

More information can be found at the Centers for Disease Control website at:

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/pediatric-hcp.html>

Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

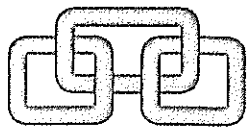
Seek medical care immediately if someone has **emergency warning signs of COVID-19.**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.



cdc.gov/coronavirus



Emergency Pickup Form

Plan for pickup of a student who needs to go home during the school day

Student's Name: _____

Building or Center the student attends: _____

Home School District: _____

1. Who will pick up the student at school if he/she needs to go home due to illness:

Name: _____

Phone number: _____

Alternate phone number: _____

Email: _____

Approximately how long will it take from the time of notification that the student needs to be picked up until the person arrives at school? _____

2. Emergency contact person who will pick up the student at school if he/she needs to go home due to illness if the first person contacted is unable to pick up the student:

Name: _____

Phone number: _____

Alternate phone number: _____

Email: _____

Approximately how long will it take from the time of notification that the student needs to be picked up until the person arrives at school? _____