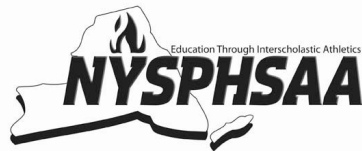


Section One
Boys and Girls
Spring Track Booklet
2020





**Section One
Boys and Girls
Spring Track Calendar
2020**

First practice permitted March 9, 2020

Last Day for Meet: May 26, 2020

Number of practices to represent school: Individual - 6

Maximum number of contests/season: Individual - 16

Maximum rest between contests: 1 night

Maximum contests/week: No more than 3 contests scheduled per week

Individual contests limitation per day: 4 Events per contest

Team/Individual and Individual Sports: "For the sports of... Outdoor Track... an individual must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six (6) different dates and must be conducted prior to the conclusion of the team's regular schedule."

{NYSPHSAA Handbook, pg. 44, #26 a}

Round	Date	Site	Time
Coaches Meeting			
Pre-Season Coaches Mtg.	3/12	Scarsdale High School	7:00 p.m.
Section One Class Championships			
Class C	Wed.	5/20	Edgemont (Steeplechase only) 5:00 p.m.
Class C	Thu.	5/21	Valhalla HS 4:00 p.m.
Class B	Thu.	5/28	Hendrick Hudson HS 3:00 p.m.
Class A	Sat.	5/30	Mount Vernon HS 9:30 a.m.
Hammer & Javelin Finals	Tue.	6/2	Hendrick Hudson HS 4:30 p.m.
Section One Qualifying Meet			
State Qualifying Meet	6/4	Arlington HS	5:00 p.m.
	6/5	Suffern MS	5:00 p.m.
NO EARLY DISMISSAL IS REQUIRED			

**DIRECTIONS TO ALL SECTION ONE SCHOOLS GO TO:
http://athletics.swboces.org/home_page**

State Intersectional Championships			
	6/12	Cicero-North HS	12:00 p.m.
	6/13	Cicero-North HS	10:00 a.m.

(In order to be eligible for participation in the NYSPHSAA Championships all athletes must ride the Section One sponsored transportation.)

IMPORTANT DATES FOR 2020 SECTIONALS

The Sectional deadlines indicate the date at which material must be finalized online and/or due to the Sectional Chairman.

March 9, Monday Start of the Spring Track Season

March 12, Thursday Spring Coaches Meeting – 7:00pm at Scarsdale HS
Coaches Information Sheet is due by the end of the meeting

**At Large Qualifying performance may be met at any individual
or Championship meet at any time during the season**

May 10, Sunday State Pre-Meet Entries OPEN

May 25, Monday AD's Certification of Athletic Participation Sheet due

May 5, Tuesday Class C Entries OPEN
May 19, Tuesday Class C Entries CLOSE – Midnight
May 21, Thursday Class C Meet – Valhalla HS – 4:00pm

May 12, Tuesday Class B Entries OPEN
May 26, Tuesday Class B Entries CLOSE – Midnight
May 28, Thursday Class B Meet – Hendrick Hudson HS – 3:00pm

May 13, Wednesday Class A Entries OPEN
May 28, Thursday Class A Entries CLOSE – Midnight
May 30, Saturday Class A Meet – Mount Vernon HS – 9:30am

May 31, Sunday Entries for the State Qualifier CLOSE – 11:00pm

June 2, Tuesday Entries for the Qualifier Will Be Posted

June 4, Thursday Day 1 Sectional Qualifier Competition – Arlington HS – 5:00pm

June 5, Friday Day 2 Sectional Qualifier Competition – Suffern MS – 5:00pm
All Athlete's Paper Work Due

**Section One Spring Track
Committee Members
2020**

Girls Chairperson: Walter Hall

Address: Mt. Vernon High School
100 California Rd.
Mt. Vernon, NY 10552

Email: whall335@msn.com

Phone: (Day) (914) 438-7889

(Fax) (914) 667-1147

Boys Chairperson: Jesse Merchant

Address: Hastings High School
27 Farragut Ave.
Hastings on Hudson, NY 10706

Email : merchantj@hohschools.org

Phone: (Day) 914-478-6241

(Fax) 914-478-6406

Girls Co-Chairperson: TBD

Boys Co-Chairperson: TBD

Conference I	Athletic Director	Steve Young, New Rochelle High School
Conference II	Athletic Director	Tom Baker, Hendrick Hudson High School
Conference II-R	Athletic Director	Rob Castagna, Byram Hills High School
Conference III	Athletic Director	Jamie Block, Valhalla High School

Other Members:

Dutchess (Boys) Jim Henry, Beacon HS
(Girls) Steve Arnett, Arlington HS

Rockland (Boys) Pat Driscoll, Tappan Zee HS
(Girls) Dan Doherty, Pearl River HS

Westchester (Boys) Greg Govan, Byram Hills HS
(Girls) Keith Smith, Yorktown HS

Coaches Association:

Jim Henry, Beacon High School, Dutchess

Official Association Reps: Shawn Frederick, Rockland County
Sandra Edwards, Westchester/Putnam Counties
Ken Kraft, Dutchess County

**NYSPHSAA/FEDERATION BOYS & GIRLS SPRING TRACK
APPROVED STANDARDS FOR THE SECOND QUALIFIER FOR
THE 2020 SEASON**

EACH SECTION MUST DESIGNATE THEIR STATE QUALIFIER MEET.

FIRST PLACE FINISHER IN EACH INDIVIDUAL EVENT AND RELAY FROM THE FOLLOWING DIVISIONS WILL ADVANCE TO THE STATE MEET: DIVISION I AND DIVISION II.

A SECTION MAY SEND ANOTHER ATHLETE OR RELAY TEAM IN ANY EVENT. THEY MUST BE THE HIGHEST PLACING FINISHER AT THE QUALIFIER THAT HAS MET THE STANDARD LISTED BELOW. THE STANDARD MAY BE MET AT ANY INVITATIONAL OR CHAMPIONSHIP MEET AT ANYTIME DURING THE SEASON.

EVENT	BOYS D1	BOYS D2	GIRLS D1	GIRLS D2
100M DASH	11.0/11.23	11.1/11.29	12.3/12.45	12.6/12.80
200M DASH	22.1/22.27	22.5/22.71	25.4/25.62	25.9/26.06
400M DASH	48.7/48.94	50.2/50.43	57.2/57.35	58.6/58.78
800M RUN	1:54.3/1:54.48	1:56.9/1:57.09	2:12.5/2:12.65	2:16.5/2:16.66
1600/1500M RUN	4:17.2/4:17.42	4:23.5/4:23.74	4:36.2/4:36.40	4:45.6/4:45.76
3200/3000M RUN	9:25.3/9:25.51	9:38.6/9:38.79	10:03.8/10:04.01	10:19.3/10:19.48
STEEPLECHASE	9:32.4/9:32.60	9:54.4/9:54.62	7:03.9/7:04.05	7:18.4/7:18.62
HIGH HURDLES	14.6/14.79	15.2/15.39	15.0/15.24	15.8/15.99
400M HURDLES	55.9/56.09	56.8/56.98	64.7/64.86	66.3/66.53
LONG JUMP	22' 01.5"	21' 00.75"	17' 09.25"	17' 01.5"
TRIPLE JUMP	45' 01"	44' 03.25"	37' 06.75"	36' 05"
SHOT PUT	52' 01.25"	51' 00.25"	39' 00.25"	36' 05"
DISCUS	149' 07"	146' 03"	120' 06"	109' 11"
HIGH JUMP	6' 03.25"	6' 01.5"	5' 03"	5' 01"
POLE VAULT	14' 02"	13' 05"	11' 02.5"	10' 00.75"
PENTATHLON	3062 PTS.	2992 PTS.	2907 PTS.	2693 PTS.
400M RELAY	42.6/42.76	44.0/44.23	48.4/48.62	50.2/50.39
1600M RELAY	3:20.6/3:20.76	3:27.9/3:28.06	3:57.1/3:57.25	4:06.9/4:07.11
3200M RELAY	7:53.2/7:53.40	8:10.1/8:10.30	9:14.6/9:14.84	9:41.2/9:41.37

(FIRST TIME LISTED IN EACH COLUMN IS HAND TIMED, SECOND TIME LISTED IS FULLY AUTOMATIC TIMING. STANDARD HYTEK CONVERSION OF .24 WAS USED FOR ALL RUNNING EVENTS.)

THESE STANDARDS REPRESENT THE AVERAGE OF 6TH PLACE IN THE FINALS FROM 2015 THROUGH 2019

ACCEPTED 12/03/19

OUTDOOR TRACK SUPER QUALIFYING STANDARDS 2020**5 YEAR AVERAGE FROM FOURTH PLACE FINISH AT STATE MEET (2015-19)**

Performance must occur in a multi-school Invitational or Championship Meet with 5 or more teams with certified officials.

Athletes or Relay Team must participate in that event at State Qualifier Meet to advance to the State Meet by virtue of the Super Standard.

EVENT	BOYS D1	BOYS D2	GIRLS D1	GIRLS D2
100M DASH	11.08	11.14	12.38	12.67
200M DASH	22.13	22.46	25.13	25.45
400M DASH	48.64	49.91	56.36	58.15
800M RUN	1:53.94	1:55.32	2:11.39	2:14.66
1600/1500M RUN	4:15.59	4:20.93	4:31.65	4:40.18
3200/3000M RUN	9:16.30	9:30.90	9:45.62	10:16.87
STEEPLECHASE	9:24.44	9:44.96	6:54.72	7:11.90
HIGH HURDLES	14.71	15.09	15.13	15.65
400M HURDLES	54.99	56.13	63.49	65.64
LONG JUMP	22' 04.75"	21' 07.25"	18' 01"	17' 06"
TRIPLE JUMP	45' 10.75"	45' 01"	38' 03"	37' 00"
SHOT PUT	54' 04"	52' 05"	40' 01"	38' 00.25"
DISCUS	158' 03"	150' 06"	125' 02"	117' 06"
HIGH JUMP	6' 05"	6' 04"	5' 04"	5' 03"
POLE VAULT	14' 05"	13' 10"	11' 06"	10' 07"
PENTATHLON	3171 PTS.	3099 PTS.	3156 PTS.	2758 PTS.
400M RELAY	42.52	43.67	48.37	49.89
1600M RELAY	3:19.44	3:27.19	3:56.00	4:03.35
3200M RELAY	7:50.53	8:05.34	9:09.09	9:30.24

All track times must be FAT.

ACCEPTED 12/03/19

COMPETITOR'S UNIFORM

ARTICLE 1 ...Each competitor's uniform shall be issued by the school or school approved, worn as intended by the manufacturer, and have the following restrictions:

“ART. 1 . . . The competitor's uniform shall be school-issued or school-approved, worn as intended by the manufacturer, and meet the following requirements and restrictions:

- a) Each competitor shall wear shoes on both feet.
 1. The shoes shall have an upper and recognizable sole and heel.
 2. The (shoe) upper must be designed so that it can be fastened securely to the foot.”
 3. ...
 4. The use of slippers or socks does not meet the requirements of the rule.

- b) Each competitor shall wear a school-issued or school-approved full-length track top and track bottom or one-piece uniform. Any outer garment (e.g., t-shirts, sweatpants, tights) that is school-issued or school-approved becomes the official uniform, when worn.
 1. When the numbers are used, each competitor shall wear his/her assigned, unaltered contestant number.
 2. The top and/or bottom or one-piece uniform may have school name, school logo, school nickname and/or competitor's name.
 3. The top shall not be knotted or have a knot-like protrusion. Bare midriff tops are not permitted. The top must hang below or be tucked into the waistband of the uniform bottom when the competitor is standing upright.
 4. Loose-fitting boxer-type bottoms or compression-style bottoms are permitted for boys and girls. Closed-leg briefs are acceptable for girls. French or high-cut apparel shall not be worn in lieu of the uniform bottom. The waistband of a competitor's bottom shall be worn above the hips.
 5. A single manufacturer's logo/trademark/reference, no more than 2¼ square inches with no dimension more than 2¼ inches, is permitted on the top and bottom or one-piece uniform.
 6. One American flag, not to exceed 2 inches by 3” inches, may be worn or occupy space on each item of uniform apparel. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.
 7. Any visible garment(s) worn underneath the uniform top and/or bottom is considered a foundation garment. Foundation garments are not subject to logo/trademark/reference or color restrictions.

ARTICLE 2 ...Additional restrictions for relay races and cross country competition.

- a) All relay and cross country team members must wear uniforms clearly indicating, through predominant color, school logo and color combination of all outer garments worn as a uniform, that members are from the same team. If worn by more than one team member (two or more) that apparel must be the same color, but not necessarily the same length.

COMPETITOR'S UNIFORM (continued)

ARTICLE 2 (cont.)

NOTE: The official should be able to observe that all members are from the same team.

PENALTY: (Articles 1, 2) For the wearing of an illegal uniform, when a violation is observed and noted by a meet official, the competitor shall be required to make the uniform legal before becoming eligible for further competition, and shall be issued a warning that a subsequent violation shall result in a disqualification from the event. The referee shall be notified of the violation by the observing meet official, and the referee shall then notify or cause to be notified the head coach of the offending school of the competitor's violation and warning.

- a. Any visible garment(s) worn under the jersey and other visible apparel worn under the shorts must be unadorned and of a single (and the same) color. Visible garments worn under the jersey and/or the shorts do not have to be the same color. If worn by more than one team member (two or more) that apparel must be the same color, but not necessarily the same length.

ARTICLE 3 ...Removing any part of the team uniform, excluding shoes, while in the area of competition, as defined by the Games Committee, is illegal.

PENALTY: This shall lead to a warning and if repeated, to disqualification from the event. If the incident recurs, the athlete will be disqualified from further competition in the meet.

UNIFORMS

School team uniforms will be worn in the Intersectional/Federation Meet. There will no longer be Section shirts.

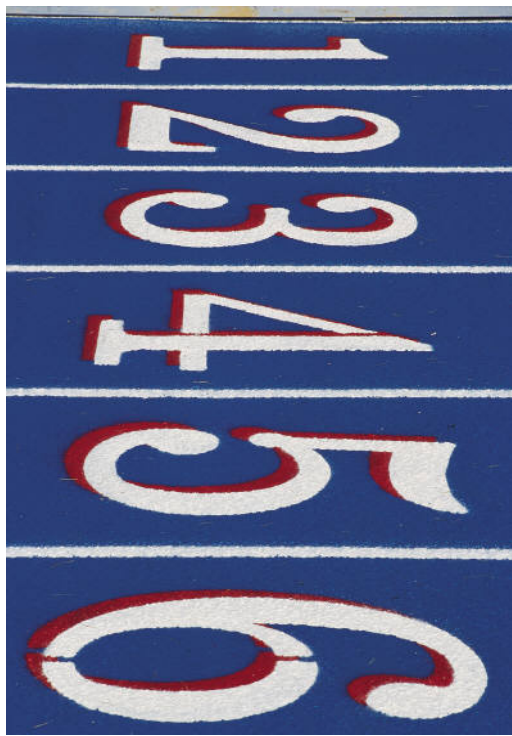
FEDERATION CHAMPIONSHIPS

The Intersectional Meet is being scored from the Federation Meet. The top eight (8) competitors in each event will receive a Federation medal. The top six (6) NYSPHSAA competitors in each class will be awarded State medals.



GENERAL SECTIONAL PROTEST PROCEDURE

1. Any coach lodging a protest will immediately notify the meet referee* (*prescribed by the Federation Rule book) of the contest.
2. All officials and coaches involved must be notified immediately.
3. All details of the protest must be put in writing. The following information must be included in the written summary:
 - a. Date and site of the meet
 - b. Names of the athletes and officials involved
 - c. A full and clear description of the protested situation
 - d. The officials decision on the situation
4. The Protest Committee will make the final decision in all protests. This Committee will consist of all members of the Sectional Spring Track Committee, at least one neutral official, and any other member deemed necessary by the Spring Track Chairperson. League representatives of the schools involved will not vote on the decision.
5. The coaches involved will be informed of the Committee's decision as soon as possible.



CONFERENCE LEAGUES
BOYS AND GIRLS SPRING TRACK 2020

Conference I

<u>League A</u>	<u>League B</u>	<u>League C</u>	<u>League D</u>
Arlington	Mamaroneck	Clarkstown No.	Fox Lane
Carmel	Mt. Vernon	North Rockland	Horace Greeley
JJEF	New Rochelle	Ramapo	Ossining
Mahopac	Scarsdale	Spring Valley	Port Chester
RC Ketcham	Ursuline	Suffern	White Plains

Conference II

<u>League A</u>	<u>League B</u>	<u>League C</u>	<u>League D</u>	<u>League E</u>
Clarkstown So.	Brewster	Nanuet	Byram Hills	Beacon
Lakeland/Panas	Peekskill	Nyack	Eastchester	Hen Hud
Yonkers	Poughkeepsie	Pearl River	Harrison	JJCR
	Somers	Sleepy Hollow	Pelham	OLL
		Tappan Zee	Rye	Yorktown

Conference III

<u>League A</u>	<u>League B</u>	<u>League C</u>	<u>League D</u>
A. Hamilton	Ardsley	Albertus Magnus	Haldane
Briarcliff	Blind Brook	Biondi	North Salem
Croton-Harmon	Bronxville	Children's Village	Pawling
Pleasantville	Edgemont	Dobbs Ferry	Putnam Valley
Valhalla	Rye Neck	Hastings	
Westlake	Tuckahoe	Irvington	
		The Leffell School	
		Woodlands	

POST SECTIONAL GUIDELINES AND PROCEDURES

New York State Code of Conduct:

**CODE OF CONDUCT
WILL NO LONGER BE NEEDED FOR NYSPHSAA CHAMPIONSHIPS.**

School District Responsibilities:

Each participating school should keep accurate records and receipts, which should be sent to the Section One Treasurer immediately following the completion of post Sectional play.

Section One does not reimburse any expenses for Regional contests.

Expenses for State Semi-Final contests are reimbursed only if the Semi-Final is played at the same site as the State Final (e.g. Football Semi-Final is held in Kingston. The reimbursement that a participating school would receive is transportation at the rate of \$1.00 per mile.) All transportation is reimbursed according to the State mileage chart.

Section One will provide meals, housing and some allowance for transportation.

The current meal allowance for individuals including gratuities is:

Breakfast	\$ 6.00
Lunch	\$ 7.00
Dinner	\$14.00

Additional expenses are the responsibility of the appropriate school district.

The school district is ultimately responsible for the behavior of its team while participating in post Sectional play.

Teams will be housed in the designated tournament headquarters only. Coaches must check all rooms for damage or misuse before paying the motel bill. The section will not be responsible for telephone or movie charges.

School districts must provide supervision appropriate for the activity. Some important considerations are crowd control, relationship with the opponent, the time of the event and facility limitations. Districts must also have same sex chaperones for teams with coaching staffs of the opposite sex.

Game and practice equipment, scorekeepers, trainers, medical support and other related personnel might not be provided at the Regional level. Athletic Directors are encouraged to contact the host director for instructions regarding game conditions.



HEAT INDEX PROCEDURES

Administration of Heat Index Procedures:

- Feels Like Temperature (Heat index) or THI using a Wet Bulb indicator on the field will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- Download WeatherBug app to your phone or log into www.weatherbug.com. Schools may also use a Wet Bulb indicator on the field that will be used.
- Enter zip code or city and state in the location section of the app or on-line or determine the THI by using a Wet Bulb indicator.
- If the Feels Like temperature (heat index) or the Wet Bulb Indicator is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the Feels Like temperature (heat index) or Wet Bulb indicator at halftime or midway point of the contest. If the Feels Like temperature (heat index) or Wet Bulb indicator is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp(Heat Index) or Wet Bulb indicator under 79 degrees	Full activity. No restrictions
R E C O M M E N D E D	Heat Index Caution: Feels Like Temp (Heat Index) or Wet Bulb indicator 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: Feels Like Temp (Heat Index) or Wet Bulb indicator 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: Feels Like Temp (Heat Index) or Wet Bulb Indicator 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: Feels Like Temp (Heat Index) or Wet Bulb indicator 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Approved May 1, 2010
Updated July 27, 2016

CLASSIFICATION

Section One tournaments will be divided into groupings based upon the present New York State classifications. A school may not request to move up in class just for sectional competition. In the event of two-year realignment or longer, a school forced to move up or down in classification as a result of a change in BEDS enrollment will not be penalized. Their school's winning percentage will be used to determine qualification for sectionals.

2019-2020 CLASSIFICATIONS FOR SECTIONAL AND STATE PLAY IN OUTDOOR TRACK

Class Team Championships

Class A 800-up
Class B 400-799
Class C 399-below

State Qualifying Meet Divisional Championships

Division One	600-up
Division Two	599-below





**NYSPHSAA SECTION ONE INDOOR TRACK AND FIELD
WESTCHESTER-PUTNAM-DUTCHESS-ROCKLAND COUNTIES**

ATHLETIC DIRECTOR'S CERTIFICATION OF ATHLETIC PARTICIPATION

The Track and Field athletes of _____ High School have participated in the following meets as per NYSPHSAA requirements.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

All of the athletes have competed in at least _____ contests with the exception of:

Signature of Coach

Signature of Athletic Director

Please return this sheet to:

Class A Schools
Steve Young
New Rochelle HS
syoung@nredlearn.org

Class B Schools
Rob Castagna
Byram Hills High School
rcastagna@byramhills.org

Class C Schools
Jamie Block
Valhalla High School
jblock@valhallaschools.org



POLE VAULT CERTIFICATION FORM

SCHOOL _____ DATE _____

ATHLETE _____ WEIGHT _____ LBS

POLE #1 _____ LENGTH _____ RATING _____ LBS

POLE #2 _____ LENGTH _____ RATING _____ LBS

ATHLETE SIGNATURE _____ DATE _____

ATHLETE _____ WEIGHT _____ LBS

POLE #1 _____ LENGTH _____ RATING _____ LBS

POLE #2 _____ LENGTH _____ RATING _____ LBS

ATHLETE SIGNATURE _____ DATE _____

ATHLETE _____ WEIGHT _____ LBS

POLE #1 _____ LENGTH _____ RATING _____ LBS

POLE #2 _____ LENGTH _____ RATING _____ LBS

ATHLETE SIGNATURE _____ DATE _____

COACHES SIGNATURE _____ DATE _____



POLE VAULT CERTIFICATION FORM

SCHOOL _____ DATE _____

ATHLETE _____ WEIGHT _____ LBS

POLE #1 _____ LENGTH _____ RATING _____ LBS

POLE #2 _____ LENGTH _____ RATING _____ LBS

ATHLETE SIGNATURE _____ DATE _____

ATHLETE _____ WEIGHT _____ LBS

POLE #1 _____ LENGTH _____ RATING _____ LBS

POLE #2 _____ LENGTH _____ RATING _____ LBS

ATHLETE SIGNATURE _____ DATE _____

ATHLETE _____ WEIGHT _____ LBS

POLE #1 _____ LENGTH _____ RATING _____ LBS

POLE #2 _____ LENGTH _____ RATING _____ LBS

ATHLETE SIGNATURE _____ DATE _____

COACHES SIGNATURE _____ DATE _____

**NYS Public High School Athletic Association, Inc.
NY Track, Field and Cross Country Officials Association, Inc.**

High School Track and Field: Pole Vault Certification Card

Pole Vault Certification is required by the National Federation of State High School Associations, the governing body for high school athletics and officiating. Rule #7-4-3 (effective 1995) states that a vaulter shall not be allowed to compete while using a pole which has rating of less than the vaulter's actual weight. The purpose of this form is to ensure that the vaulter is competing with a legal pole at each competition. A copy of this form must be presented to both the official in charge and to the meet director before each competition begins. Make several copies and always have them on hand as the vaulter cannot compete without presenting this document.

It is the responsibility of the school to ensure that the pole being used is certified for the vaulter. The required signatures on this form are evidence that all parties are ware of the risks involved when an athlete competes with an illegal pole and that both the athlete and the pole are in compliance with the weight requirement rule. Complete a form each season for all poles that the vaulter will use in competition and whenever the vaulter gains weight to the extent that the listed rating is no longer valid.

Safe pole vaulting practices include:

Athletes...

1. Should always compete with the proper equipment.
 2. Are prohibited from switching poles during competition unless certified for that pole.
 3. Should not compete when suffering from an illness or any other ailment or when overtired.
 4. Must continually inspect their pole for stress cracks, chips, etc. which might cause it to break during competition.
 5. Must refrain from jumping when weather or other conditions might lead to an accident.
 6. Must continually check the landing surface, planting box, and standards to ensure that they are in proper shape and/or adjustment.
 7. Should not attempt heights for which they are not practiced at or in condition to jump for.
-

**NYS Public High School Athletic Association, Inc.
NY Track, Field and Cross Country Officials Association, Inc.**

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4. Must continually inspect their pole for stress cracks, chips, etc. which might cause it to break during competition.
5. Must refrain from jumping when weather or other conditions might lead to an accident.
6. Must continually check the landing surface, planting box, and standards to ensure that they are in proper shape and/or adjustment.
7. Should not attempt heights for which they are not practiced at or in condition to jump for.



TRACK AND FIELD RECORD APPLICATION

Note: Fill blanks on 3 copies. Send all 3 copies to the Track Chairman. He will sign them for a Section report. One copy will be returned to the school for framing or filing.

To the Committee of the Track Advisory Board on Track and Field Interscholastic Records.

Application is hereby made for a Championship Record in (event): _____

The performance was in (name of meet): _____

Held at (place): _____ on (date) _____

Full name of competitor(s) for who record is claimed. Give all full names if for a relay team.

_____ Age: Yrs: _____ Mo: _____

_____ Age: Yrs: _____ Mo: _____

_____ Age: Yrs: _____ Mo: _____

_____ Age: Yrs: _____ Mo: _____

This competitor(s) is/are eligible member(s) of _____ High School of
(place) _____

said high school being a qualified member of N.Y.S.P.H.S.A.A. under whose rules the school competed.
THE CLAIM RECORD WAS (time, height or distance): _____

Was the record established in competition limited exclusively to High School contestants? _____

How many high schools were represented in the meet? _____

Claimant (or captain if a team) _____
Print Signature

High School Coach _____
Print Signature

STATE OF REFEREE: I am acquainted with the officials who have signed this application. They are competent and performed their duties in good faith. The conditions were official (although an anemometer was not used); there was no appreciable tailwind (for sprint, hurdles, Long Jump or Triple Jump) during the performance which could have affected the performance. I cordially recommend this claim for a Track and Field Record.

Printed: _____ Signature: _____

Address: _____

Other officials: (Times, Judges, Inspectors) who witnessed this performance:

Name: _____ Position: _____ Address: _____

Name: _____ Position: _____ Address: _____

Name: _____ Position: _____ Address: _____