

Principal's Log 2.31

Hello TMS Families and Students,

This week I must thank our GO students, Ms. Ferguson and Ms. Benash for planning middle school "Virtual Spirit Week"

Here is the lineup:

Monday - Mindfulness Monday: Practice Meditation, deep breathing and some gentle Yoga throughout the day.

Tuesday - Essential Worker appreciation day: Wear red & yellow to support all essential workers. Make a "Thank You" sign and post it in your window for them to see.

Wednesday - Earth Day: Wear green and repurpose one recyclable item.

Thursday - Sports Day: Wear a favorite sports jersey and have an extra work-out.

Friday - Spirit day - Show that although we are apart, we are still united by wearing Orange and Black.

Please post the [attached flyer](#) to your refrigerator and on your bedroom door!

Amid the current crisis, your participation in the U.S. census is all the more vital to our schools. A complete and accurate census count ensures TUFSD receives our fair share of federal funding for our programs. How to respond to the 2020 census: <https://www.ny.gov/2020-census/how-respond-2020-census>

Have fun everyone, and stay safe!

Your Principal,

Greg Stiefel

<https://twitter.com/GregStiefel>

Be sure to check out our website for PTA flyers, calendar snapshots, and other reminders. http://tms.tuckahoeschools.org/201718_weekly_enewsletter