

**TUCKAHOE MIDDLE SCHOOL/
HIGH SCHOOL
LUNCH MENU
MARCH 2018**



| | Tuesday | Wednesday | Thursday | Friday |
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| Daily Specials | | | | |
| <p><u>Milk Available :</u> 1%, Milk Fat Free Milk, Fat Free Chocolate Fat Free Strawberry Fresh Fruit</p> | <p><u>DELI STATION:</u> Turkey, Ham, American , Swiss or Provolone Cheese. Choose from Whole Wheat Wraps, Sub or Flatbread</p> | <p>Student Lunch: \$2.85 Reduced: \$.25 Adult Lunch: \$3.63 (plus tax)</p> | <p><u>PIZZA STATION:</u> Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza Homemade Soup Available Everyday</p> | <p><u>FROM THE GRILL:</u> Cheeseburger, Hamburger, Chicken Patty, Chicken Nuggets</p> |
| <p>Lunch Service: 11:10am—12:45pm <i>Menu's are subject to change without notice</i></p> | <p><u>MARCH PROMOTION</u> <u>Mediterranean</u> <u>Wrap: Meatball,</u> <u>Tzatziki Sauce, &</u> <u>Lettuce</u> <u>Fiesta Foldover:</u> <u>Taco meat, Veggies,</u></p> | <p><i>Please let us know if you have any food allergy concerns.</i> Thank you</p> | <p>01 Roasted Chicken With Stuffing & Biscuit Bacon Cheeseburger Baked Black Beans Cucumber Slices Oranges</p> | <p>02 Bagel Pizza Spaghetti & Meatballs with Garlic Bread Seasoned Carrots Fresh Side Salad Grapes</p> |
| <p>05 Baked Ziti with Garlic Bread Chicken Ranch Wrap Mixed Vegetables Fresh Cucumber Slices Oranges</p> | <p>06 Fish N' Chips Bowl Chicken Tenders with Honey Mustard Sauce Sweet Golden Corn Tomato Wedges Fresh NY State Apple</p> | <p>07 Pepperoni or Chicken Stromboli Chicken Parm Hero Roasted Zucchini Fresh Celery Sticks Pears</p> | <p>08 Beef Teriyaki with Egg Roll Chicken Sliders Seasoned Broccoli Creamy Coleslaw Banana</p> | <p>09 Chicken & Waffles with Gravy & Biscuit Bacon Cheeseburger with Lettuce, Tomato Baked French Fries Fresh Carrots Grapes</p> |
| <p>12 Mozzarella Sticks with Marinara Sauce Chicken Sliders Steamed Broccoli Cucumber Slices Fresh Pear</p> | <p>13 BBQ Chicken Served with Biscuit Deep Dish Pizza Seasoned Green Beans Fresh Carrot Sticks Oranges</p> | <p>14 Chicken Veggie Stir-Fry Fettuccini Alfredo Mixed Veggies Tomato Wedges Fresh Grapes</p> | <p>15 Chicken Ciabatta Spicy Mayo Spread Fish N' Chips Bowl Sweet Golden Corn Fresh Celery Sticks Blueberries</p> | <p>16 Chicken Veggie Stir-Fry Pizza Dippers Peas & Carrots Red Pepper Strips NY State Apple</p> |
| <p>19 Chicken Quesadilla Served with Salsa Meatball Parm hero Veggie Beans Red Pepper Strips NY State Apple</p> | <p>20 Mac N' Cheese served with Biscuit Chicken Parm Hero Seasoned Carrots Fresh Celery Sticks Cantaloupe</p> | <p>21 Meatloaf with Gravy Mashed Potato Fish N' Chips Sweet Golden Corn Fresh Cucumber Slices Strawberries</p> | <p>22 Chipotle Ranch Burger Philly Cheesesteak with Sautéed Onions Seasoned Green Beans Fresh Baby Carrots Banana</p> | <p>23 Chicken Sliders Taco Supreme Bowl Salsa, & Sour Cream Steamed Broccoli Tomato Slices Pears</p> |
| <p>26 Chicken Veggie Stir-Fry Pizza Dippers Peas & Carrots Red Pepper Strips NY State Apple</p> | <p>27 Chicken & Waffles with Gravy & Biscuit Ziti & Broccoli Sweet Potato Fries Fresh Cucumber Slices Grapes</p> | <p>28 Nacho Supreme Bowl Chicken Wings BBQ, Buffalo, Mild Baked Black Beans Fresh Celery Sticks Banana</p> | <p>29 Country Chicken Nugget with Biscuit Cheese Stromboli Seasoned Green Beans Baby Carrots Peaches</p> | <p>30 SPRING RECESS BEGINS SCHOOL RESUMES MONDAY APRIL 9TH</p> |