NetSmartz® Workshop

CHOICES & CHEATERS

Inappropriate Pictures

It's OK to Tell

PARENTS' GUIDE TO SMARTPHONE SAFETY

THE RISKS

5 WAYS TO BE SMARTER THAN THE SMARTPHONE

RESOLVE RUN

6 Degrees of Information

NETSMARTZ.ORG
ONLINE

Computers • Laptops • Cell phones • MP3 players
Gaming devices • E-readers • Tablets
What do your children do online?
Safety & Security Issues

- Inappropriate content
- Online privacy
- Sexting
- Online sexual solicitation
- Cyberbullying
Talk about the **risks** at every age

<table>
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<th>Younger Children</th>
<th>Tweens &amp; Teens</th>
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<td>Netiquette</td>
<td>Cyberbullying</td>
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<td>Looking at inappropriate content</td>
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<td>Pop-ups/passwords</td>
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<td>Not trusting everyone you meet online</td>
<td>Meeting offline</td>
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INAPPROPRIATE CONTENT

- Pornography
- Excessive violence
- Hate speech
- Risky or illegal behaviors
HOW TO RESPOND

- Don’t frighten them
- Listen attentively
- Tell them it’s not their fault
- Answer questions
- Help them report it
WHAT THEY SHOULD DO

• Turn off the screen
• Use the back button
• Tell a trusted adult
• Report it to the website or app
Don't Post

- Inappropriate or illegal behavior
- Offensive language
- Threats of violence
- Underage drinking or drug use
- Hate speech
TWO Kinds of Stupid
What You Can Do

- Establish expectations for online behavior
- Set consequences for inappropriate posts
- Talk about appropriate usernames
- Review comments and pictures
- Talk about what their friends are posting
Online Privacy

**WHAT’S OK?**
- Pictures of family & friends (with permission)
- Casual conversation in a game

**WHAT’S NOT OK?**
- Certain kinds of personal information
Personal Information

- Passwords
- Home address
- Location
- Home/Cell phone number
- Email address
Risks of Sharing Personal Information

- Identity theft
- Online scams
- Hacking
WHAT YOU CAN DO

- Establish rules about what they can share
- Learn about reporting options
- Help them set privacy settings
- Help them create strong passwords
- Talk about friends lists
• Sending or posting nude or partially nude images
• 2.5% of teens have sexted
• 7% say they have received a sext
WHY ARE THEY SEXTING?

- To be funny
- To impress a crush
- To share with a boyfriend or girlfriend
CONSEQUENCES OF SEXTING

- Humiliation
- Bullying
- Blackmail
- School discipline
- Police involvement
ADDRESSING Sexting

- Talk about the consequences
- Tell them never to forward a sexting image
- Discuss healthy sexual relationships
- Talk about ways an image can spread online
- Report it!
SEXUAL SOLICITATION

Any *unwanted* sexual request or any sexual request by an *adult*.
How does solicitation occur?

- Most occur on social networking sites
- Most occur among older teens
- Most teens are solicited by peers
- Most are not bothered by it
Offenders groom children by:

- Exploiting their natural curiosity
- Gradually introducing explicit images
- Using adult status to control a child’s behavior
- Offering gifts like cell phones and gift cards
SIGNS OF GROOMING

Check if your child is:

- Receiving gifts
- Calling unknown numbers
- Rejecting family and friends
- Getting upset when not online
- Minimizing the screen

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Survivor Diaries
What You Can Do

- Talk to your child about relationships
- Set a policy about meeting offline for older teens
- Know your child’s online friends
- Teach your child the warning signs
- Call the police

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Report to CyberTipline

• Anyone who sends your child photos or videos containing obscene content
• Anyone who asks your child to send sexual images
• Anyone speaking to your child in a sexual manner
• Anyone who asks your child to meet in person

CyberTipline.org
1-800-THE-LOST®
(1-800-843-5678)
BULLYING + TECHNOLOGY = CYBERBULLYING
EXAMPLES OF CYBERBULLYING

- Sending mean texts
- Photoshopping pictures
- Creating fake profiles
- Posting fight videos
- Spreading rumors and gossip
- Posting embarrassing pictures
- Sending threatening or harassing comments
DIFFERENCES BETWEEN CYBERBULLYING & BULLYING

• Spreads faster
• Wider audience
• Follows children home
Suicide among **Cyberbullying** victims is rare
my name is Amanda Todd...
Hello!
A CYBERBULLYING VICTIM MIGHT

- Stop using the computer or cell phone
- Act nervous when receiving an email, IM or text
- Seem uneasy about going to school
- Withdraw from friends and family
How To Help

- Consider saving the evidence
- Block cyberbullies
- Set up new accounts
- Talk to the school
- Report it
CYBERBULLYING BEHAVIORS

- Quickly switches screens or closes programs
- Uses the computer at all hours
- Gets unusually upset if they cannot use the computer
- Laughs excessively while online
- Avoids discussions about what they are doing
- Uses multiple online accounts
How to Prevent It

- Establish expectations for online behavior
- Set consequences for cyberbullying
- Model good online behavior
Talk to your child about not being a bystander.

- Establish expectations for reporting
- Encourage them to stand up for the victim
- Help them report the cyberbullying
Tech Options

- Install filtering and monitoring software
- Consult your cell phone provider
- Research options for other mobile devices
- Look at individual apps
- Explore built-in security features
TECHNOLOGY CAN’T CATCH EVERYTHING, SO COMMUNICATE!
NetSmartz.org

- Discussion starters
- Information about the issues
- Safety pledges
- Tip sheets
- Videos
NetSmartzKids.org

- Activities
- E-books
- Games
- Monthly updates
- Videos
NSTeens.org

- Games
- Quizzes
- Safety tips
- Videos
- Webcomics
THANK YOU!

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Endnotes


8 Ibid.


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