

To Volleyball Players and Managers:

You will be given a **Physical Form** for volleyball. This form will be completed by your family doctor as part of your physical examination.

Also, you will be given an **Emergency Information Sheet**. This is also to be completed and brought back along with your physical.

All volleyball players and managers are to report on Thursday, July, 18th between 10:00 A.M. and 12:00 P.M. in the school auditorium. At that time, you are to bring with you both completed forms. Also, you are to have at least one parent there with you to sign the insurance waiver form. This will indicate whether or not you want to purchase the school insurance or be covered under your family insurance. If you choose to take the school insurance, it must be purchased at that time. If you choose to not take the school insurance, a copy of your current insurance card is required.

Tryout Dates:

Wednesday, July 31 from 9:00 a.m. to 10:30 a.m.

Thursday, August 1 from 9:00 a.m. to 10:30 a.m.

Friday, August 2 from 9:00 a.m. to 10:00 a.m.

***Reminder: All players must be properly equipped with shoes, socks, and knee pads.**

See you then,



Coach Sanders