

Day 1

Theme: Bullying

Book: One by Kathryn Otoshi

Book will be provided for all classes

Summary: Blue is a quiet color who likes looking at the sky and floating on waves. Sometimes he wishes he was more like his friends Orange, Purple, Green and Yellow but he's happy being Blue – except when Red comes around. Red is a hothead who picks on Blue. Although Blue's friends feel bad, they never try to stop Red until One comes along. When One stands up to Red, the other colors learn that everyone, even Red, matters.

Discussion Questions:

(Discuss question in relation to bullying and being an up stander.)

- What does Blue think of himself?
- How do his feelings change when he meets Red?
- How did One stand up to Red?
- How did One seek help from the other colors?
- How did everyone help Blue when Red tried to roll over him? Why was Red asked to be part of the group that counts?
- How did Blue show that Red could "count"?
- Discuss with students what it means to count – to feel like you have value.
- What does it mean to value others? What does that look like and sound like?
- Discuss with students what "taking a stand" sounds like. Brainstorm words that may be heard when people "take a stand." *E.g. "no" and "stop."*

* Have students complete *Everyone Can Count* handout.

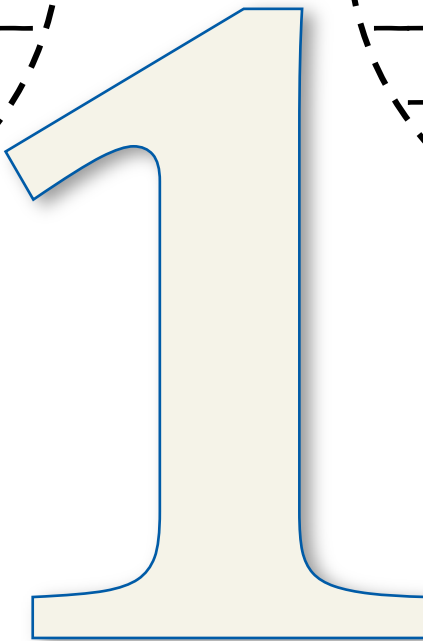
Name: _____

Date: _____

Everyone Can Count!

I know that I
count because...

I can help
others count by...



We can include
others by...

We can take
a stand by...
