



Sacred Heart School

March 2020 Lunch Menu

NUTRITION NEWS:

SIDEKICKS

Milk	\$0.50
Lemonade	\$0.50
Spring Water 8oz	\$0.50
Soup w/ Crackers	\$1.50
Baked Cookie	\$0.50
Baked Chips	\$0.75
Fresh Fruit	\$0.75
Fruit Cup or Fruit Juice	\$0.50

Student Lunch \$3.50

Adult Lunch \$4.00

Beverage Choice:

Your Meal Comes with the Choice of:
Flavored/Unflavored
Low Fat Milk,
Iced Tea, or Water

Maschio's Swap Outs

Monday: Popcorn Chicken

Tuesday: Hot Ham and Cheese

Wednesday: Turkey, Cheese, and Bacon Sandwich

Thursday: Cheeseburger

Friday: Tuna Salad

Friday: Tuna Salad Sandwich

Maschio's Swap Outs Available Daily

Grilled Chicken Caesar Salad with a Dinner Roll
Chef Salad with a Dinner Roll

Monday	Tuesday	Wednesday	Thursday	Friday
2 NEW ITEM! Veggie Empanadas Curly Fries Carrots Fresh or Chilled Fruit	3 Chicken Fingers Mashed Potatoes Sweet Corn Fresh or Chilled Fruit	4 Hot Dog on a Bun Pickles Snack Bag Pudding	5 French Toast Stix Sausage Hash Brown Fresh or Chilled Fruit	6 Cheese Pizza Caesar Salad Fresh or chilled Fruit
9 Pierogies Dinner Roll Green Beans Fresh or Chilled Fruit	10 Walking Taco Sour Cream, Salsa, Lettuce & Tomato Sweet Corn Fresh or Chilled Fruit	11 Meatball Parm Sandwich Smiley Fries Fresh or Chilled Fruit	12 Pizza Crunchers Tater Tots Veggie Dippers Fresh or Chilled Fruit	13 NOON DISMISSAL
16 Mini Corn Dog Nuggets Smiley Fries Broccoli Fresh or Chilled Fruit	17 Cheeseburger Lettuce, Tomato Curly Fries Fresh or Chilled Fruit	18 Chicken Fries Dipping Sauce Buttered Noodles Sweet Corn Fresh or Chilled Fruit	19 Chicken Parm Sandwich Macaroni Salad Fresh or Chilled Fruit	20 Cheese Pizza Garden Salad Fresh or Chilled Fruit
23 Bacon Egg & Cheese Sandwich Hash Brown Fresh or Chilled Fruit	24 Macaroni & Cheese Carrot Dinner Roll Fresh or Chilled Fruit	25 Grilled Cheese Sandwich Curly Fries Pickles Fresh or Chilled Fruit	26 Past a& Meatballs Garden Salad Dinner Roll Fresh or Chilled Fruit	27 Cheese Pizza Snack Bag Celery Dippers Fresh or Chilled Fruit
30 Loaded Nachos Lettuce, Cheese, Salsa Spanish Rice Fresh or Chilled Fruit	31 Pasta Alfredo w/ Chicken & Broccoli Italian Bread Fresh or Chilled Fruit			

Connect with us!   

Questions or Concerns?

Please Visit www.MaschioFood.com
or Call Maschio's Food Services at: 610-373-3316

